We prepare and cook all our food daily on site, providing healthy and nutritious meals using locally sourced food. Our eggs are cage-free, our meat meets UK Welfare Standards and all meals are free from undesirable food additives and hydrogenated fats. Our Catering Team are also able to provide for special diets on medical or religious grounds and are very experienced at doing so.



We serve an 'eat well plate' every day!



Every day we serve freshly made salad with lettuce, tomatoes, cucumber, carrots, celery coleslaw and pasta (1, 2, 4, 7)

The children are invited to choose any of the above as their main meal or to go with their main choice from the daily menu

We also bake fresh breads every day! This gives the children the option to make their own sandwiches from our salad bar and bakery

Under the Food Information Regulation the Academy is required to provide information about the allergenic ingredients used in any food that the Academy provides. There are 14 major allergens which need to be mentioned when they are used as ingredients in a food. We have included a separate leaflet indicating what those allergens are and some examples of where they can be found. The allergens are listed by Numbers - Number 1 to 14. For your information, we have indicated to the right of each rolling week menu what allergens may be found in the food provided on that day.







Universal
Free School Meals at
Trenance Learning
Academy



Menu



Trenance catering team 3-week rolling menu

Autumn Term 2024

Our daily menu incorporates a range of scrumptious options from Trenance Salad Bar and Bakery Enjoy our Menu!

Week 1: 5th Sept, 23rd Sept, 14th Oct, 11th Nov, 2nd Dec		Week 2: 9th Sept, 30th Sept, 21st Oct, 18th Nov, 9th Dec		Week 3: 16th Sept, 7th Oct, 5th Nov, 25th Nov, 16th Dec	
	Allergens		Allergens		Allergens
<u>MONDAY</u>		<u>MONDAY</u>		MONDAY	9
Main Meal	2, 7	Main Meal	2	Main Meal	2, 7
Broccoli & Mozzarella Pasta Bake	_, .	Mexican Meatballs or Vegi Balls in Tomato Sauce	2	Tomato & Basil Pasta Bake	۷, /
Served with	4, 7, 2	Served with	7	Served with	0 7
Garlic Bread		Boiled Rice & Pitta Breads	/ 2, 4, 7	Garlic Bread	2, 7 2, 4, 7
Seasonal Vegetables - Salad Bar	2, 4, 7	Seasonal Vegetables—Salad Bar	2, 4, /	Seasonal Vegetables, Salad Bar	2, 4, /
Pudding		Pudding	_	Pudding	_
Fresh Fruit	7	Fresh Fruit—Yoghurt	7	Yoghurt Frank 5	7
Yoghurt		<u>TUESDAY</u>		Fresh Fruit	
<u>TUESDAY</u>		Main Meal		TUESDAY	
Main Meal	2, 4, 13	Macaroni Cheese	2, 7, 9	Main Meal	2, 13
Sausage or Vegi Sausage	2, 4, 13	Served with		Cowboy Sausage or Vegi Casseroll	2, 13
Served with	2, 4, 7	Garlic Bread	2, 7 2, 4, 7	Served with	
Creamed Potatoes, Onion Gravy & Seasonal	2, 4, /	Seasonal Vegetables - Salad Bar	2, 4, 7	New Potatoes	2, 4, 7
Veg - Salad Bar		Pudding		Seasonal Vegetables - Salad Bar	
Pudding	2, 4, 7	Fruit Crispie Bar	2, 4, 7	Pudding Find Constitution	
Iced Sponge Cake	2, 4, /	Fresh Fruit		Fruit Crumble	2, 4, 7
Fresh Fruit		<u>WEDNESDAY</u>		Fresh Fruit	
<u>WEDNESDAY</u>		Main Meal		WEDNESDAY	
Main Meal		Roast of the Day or Vegetable Roast		Main Meal	
Roast of the Day or Vegetable Roast	7 7 0	Served with	7. 7. 2.	Roast of the Day or Vegetable Roast	
Served with	7, 7, 2, 9	Creamed Potatoes, Roast Potatoes, Cauliflower	7, 7, 2, 9	Served with	
Creamed Potatoes, Roast Potatoes, Cauliflower	7	Cheese, Seasonal Veg & Gravy			7, 7, 2,
Cheese, Seasonal Veg & Gravy		Pudding		Cheese, Seasonal Veg & Gravy	7
Pudding	7	Ice Cream - Fresh Fruit	7	Pudding	_
Ice cream - Fresh Fruit	/	<u>THURSDAY</u>		Ice cream - Fresh Fruit	7
<u>THURSDAY</u>		Main Meal		THURSDAY	
Main Meal	_	Jacket Potato	7	Main Meal	
Chicken or Vegetable Korma Curry	7	Served with		Spaghetti Bolognaise or Vegi Bolognaise	2
Served with		Baked Beans & Cheese	2, 4, 7	Served with	
Basmati Rice & Naans	2	Seasonal Vegetables - Salad Bar	, ,	Garlic Bread	2, 7
Seasonal Vegetables - Salad Bar		Pudding		Seasonal Vegetables - Salad Bar	
Pudding		Chocolate Sponge & Chocolate Sauce	2, 4, 7	Pudding Lemon Drizzle Cake	2, 4, 7
Sponge & Custard	2, 4, 7	Fresh Fruit	•		
Fresh Fruit		<u>FRIDAY</u>		Fresh Fruit	
FRIDAY		Main Meal		FRIDAY	
Main Meal		Fish or Veg Fingers	0 5	Main Meal	0 5
Oven Baked Battered Fish or	2, 5	Served with	2, 5	Fish or Veg Fingers	2, 5
Vegetable Quiche	2, 4, 7,	Floured Bun, & Rainbow Pasta Salad		Served with Floured Bun, & Rainbow Pasta Salad	
Served with	9	Seasonal Vegetables, Salad Bar	2, 4, 7	·	2, 4, 7
Fries, Seasonal Vegetables	4, 7	Pudding		Seasonal Vegetables, Salad Bar	
Salad Bar	т, /	Fruit Jelly & Fresh Fruit	2, 7	Pudding Trenance Biscuits	2, 7
Pudding				HEHUNCE DISCUIS	
Fruit Jelly					
Fresh Fruit				Homemade Wholemeal Bread served daily	
Homemade Wholemeal Bread served daily		Homemade Wholemeal Bread served daily			